

GMI 2020 TIMETABLE

Time	Triathlon	Track	Field
	Preliminary Program		
15:15			
15:25			
15:45			
15:55			
17:00		60m hu heats W	
17:05			
17:30		60m W heats	
17:45		60m M heats	
	Main Program		
18:30	60m hu		
18:35		Opening	
18:40			
18:45	Warm up	60m hu W 1	Triple Jump
18:50			
18:55	Shot Put	60m W 1	
19:00			
19:05		60m M 1	
19:10	Shot Put		
19:15			
19:20			
19:25			
19:30			
19:35		3000m M	
19:40			
19:45	Warm Up		
19:50	Long Jump	60m hu W 2	
19:55			
20:00		400m W	
20:05	Long Jump		
20:10		60m W 2	
20:15			
20:20		60m M 2	
20:30			
20:35	Interviews	Victory Ceremony	

Subject to changes